

Park Centre Schedule Sept - Dec 2024

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			
Time	Hall A	Hall B	Mtg R	Hall A	Hall B	Mtg R	Hall A	Hall B	Mtg R	Hall A	Hall B	Mtg R	Hall A	Hall B	Mtg R	Hall A	Hall B	Mtg R	
7am-9am		Lily's			Lily's			Lily's			Lilys			Lily's					
9am					Sing with Rachel 10am-11.30am								Butterfly yoga +Pilates 9.45-10.45				Sporty Sprouts 9.00am-11.00am		
10am	Claphandies 9:45am-12:45pm	Messy Play with This is Me 10am - 11am		Womens Shed 10am-12pm			Active Age Club 10am-12pm			Park Pals with S+G 10.00am-10.45am	Park Pals with S&G 10.45am - 11.30am				John Lahart TD Clinic 10am-12pm			FS Ostroha Slovak Dancing 9:30am-11:30pm	
11am						The Park Fitness 11.30am-12.30pm										Art Class with Vadya 11.00am-12.30			Pilates with Kate 11:00am-12:00pm
12pm&1pm		Lily's Before & After school Service 12:15-6:30			Lily's Before & After school Service 12:15-6:30					Wellbeing Workshops								Spanish Playgroup 11.30am-12.00pm	
2pm	Stretch + Grow 1.45pm-2.30pm																		
3pm	Centre Stage Stage School 3:30pm - 6:30pm					Centre Stage Stage School 3:00pm - 6:00pm			Encorps Ballet & Hip Hop 3pm - 5pm	Lily's Before & After school Service 12:15-6:30			Lily's Before & After school Service 12:15-6:30						
4pm														Sensory Safari 4.00pm-5.00pm					
5pm									Irish Dancing Fitzsimon Academy 5:15pm - 6:15pm					Art Crafting With Emma 4.00pm-5.00pm					
6pm													Coach Approach Fun Fit 6pm - 7pm		Roisin Mannion 6pm-7pm	For booking enquiries, visit our website theparkcommunitycentre.com https://portal.sportskey.com/venues/the-park-community-centre			
7pm	EnCorps Ballet 6:30pm-7:30pm	The Park Boxing 6.30pm-7.30pm	Book Club - monthly meeting	Ceili Dancing Fitzsimons Academy of Irish Dance 7.00pm-8.00pm	Men on the Move 7.00pm-8.00pm			Lads to Dads 6:30pm-7:30pm		Sylvia's Yoga 6:45pm-7:45pm									
8pm	Sylvias Yoga 7.45pm-8.45pm			Dance Fit Adult Fitness 8.00pm-9.00pm							Pilates with Kate 7.45pm-8.45pm								
	Baby & Toddler activities		School Age Activities		Adult Fitness Classes		Active Age Groups or Classes		Other Types of Group		One Off Classes/		Not Available or Reserved		Lilys Before & Afterschool Service				

